## **Citizens Advice helped me find a way forward**

Citizens Advice is available every Tuesday morning for registered patients of Tollerford Practice. Make an appointment, either at Reception or by phoning the Surgery on 01308 861800, to see Helen at Maiden Newton Surgery. Helen is able to see you in your own home if you find it difficult to get to the Surgery.

citizens advice

All our advice is free, confidential and impartial.